



March 2024

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Administrator's Message

From the desk of the Administrator

I am thrilled to join as your new Elizabeth Center Administrator and look forward to contributing my passion for compassionate care and operational excellence. With a focus on enhancing resident well-being and fostering a collaborative environment, I am eager to work together with the dedicated staff to uphold the high standards of care that our community deserves. Together, we will continue to create a nurturing and supportive environment for our residents. Wishing Our Residents, Family Members and Staff Happy Easter!!

Jon Brunetti, RN
Administrator
Elizabeth Centre



March 2024

Elizabeth Centre News

Our residents like to enjoy different beverages, here is one recipe we will be using for our St. Patrick's Day Celebration. Give it a try and enjoy!!

Shamrock Whang! Smoothie

- 1 cup Lime Sherbet**
- 1 cup Plain Frozen Yogurt**
- 2 Ounces Pear Juice**
- 1 tsp Lime Juice**
- 1 tsp Sugar**
- ½ tsp Spearmint Extract**
- 2 tbsp Grated Chocolate**
- Mint Leaves (For Garnish)**



March 2024

Nursing

Palliative Program at the Elizabeth Center.



Focuses on educating the family on what to expect.

Ensures that family members feel supported by staff and prepared with informative pamphlets of what's to come during this difficult and emotional time.

The Elizabeth center offers families a bed right beside their loved one, comfortable recliners, food and drink carts so you never have to leave their side.

Onsite spiritual leaders, social workers as well as a Nurse practitioner, doctors and registered staff 24/7.
Losing a loved one is hard but we are here to help make this transition as smooth and stress free as possible.

March 2024

Nursing

MDS/RAI

Happy March! Coaches corner has been integrated into our home successfully. Staff have been very supportive and involved in each topic. For the month of March our main topics of education are hand hygiene and addressing abuse/neglect. There will be some hands-on learning as well as some online modules for staff to review.

May The Luck of The Irishe With You!!

Chantale- STAFF ED/RAI
705-897-7695 ext.4403



March 2024

Nursing

IPAC

I want to shout out to the entire team at LEC. Since I started my position as IPAC Lead back in November, I have had nothing but support from these wonderful people. We have collectively made it through two multi unit outbreaks, that only lasted the minimum amount of days and I believe it's because of this fantastic team that has supported me since day one. Thank you LEC for being amazing!!

Samantha Holz RPN

IPAC Lead and Co-Director of Care

The Elizabeth Center



March 2024

Nursing

News From The Desk of DOC

Stephanie has accepted the permanent Director of Care position and looks forward to working with everyone in this new role. There have been a lot of positive changes within the home and new staff are being hired regularly. We hope our home and staff continue to follow this upward/ positive trend. Congratulations on your new role!!

Stephanie Desbiens RN
Director of Care
705-897-7695 ext.4409



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Nutritional News

Nutritional Manager attended Resident Council Meeting and Council had the following suggestions: They would like more than one flavor of Jam in the mornings, Kitchen Manager will get Marmalade for a second option. Resident Council approved times for meals and snacks. Next food Committee Meeting February 28th @ 3:45pm.



Easter Sunday Lunch

Tomato Soup

Roasted Turkey w/Stuffing

Mashed Potatoes & Gravy

Steamed Carrots

Leomn & Cream Shortcake

OR

Tomato & Cheese Sandwich

Corn Salad

Apple Slices



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Restorative Care

Restorative Care Department has three placement students from the OTA/PTA program at Cambrian College in the home from January 15th until April 12, 2024. Let's give them a big welcome to Elizabeth Centre.



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Resident & Family Services

From the desk of the Resident and Family Services Coordinator

~MARCH 17TH IS ST. PATRICK'S DAY~



"MAY YOUR TROUBLES BE LESS, AND YOUR BLESSINGS BE MORE, AND NOTHING BUT HAPPINESS COME THROUGH YOUR DOOR" ...

Resident & Family Services

All residents that reside in a Long Term Care Facility have 29 Bill of Rights ...

Each month we will look into what they are and what they represent!

These rights must be followed, respected and promoted....

3) EVERY RESIDENT HAS A RIGHT TO HAVE THEIR PARTICIPATION IN DECISION MAKING RESPECTED.

WHAT DOES THIS MEAN? RESIDENTS HAVE THE RIGHT TO BE INVOLVED IN DECISIONS ABOUT ALL ASPECTS OF THEIR LIFE IN THE HOME. THIS INCLUDES CARE PREFERENCE, MEDICAL TREATMENTS AND MEDICATIONS. ALL STAFF ARE TO LISTEN TO RESIDENTS' IDEAS AND INCORPORATE THEM INTO THEIR CARE. "DO WHATEVER YOU ASK WHEN POSSIBLE"

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Resident & Family Services

RFSC CON'T

4) EVERY RESIDENT HAS THE RIGHT TO FREEDOM OF ABUSE.

WHAT DOES THIS MEAN? EXACTLY AS IT STATES!!! NOONE IS ALLOWED TO ABUSE RESIDENTS PHYSICALLY, FINANCIALLY, EMOTIONALLY OR SEXUALLY. ELIZABETH CENTRE HAS A ZERO TOLERANCE POLICY ON ABUSE!!!

NEXT MONTH WE WILL TAKE A LOOK AT 2 MORE BILL OF RIGHTS AND HOW THEY APPLY TO FACILITY LIFE... REMEMBER "WE WORK AND VISIT IN THEIR HOME"!

Please note-a one call will be sent out to all families for the next optometrist clinic. I am working with the Valley vision center to solidify a date in march. Also note, I do have a list started from the previous clinic. Dr. yasko is only here for half a day so not everyone will be seen. It is a first come, first serve list. You are welcome to also make an appointment at her clinic (valley vision center **(705) 897-3030**) for your loved one. Stay tuned for more information.

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Resident & Family Services

RFSC Con't

Tours--Please note that tours are conducted Monday to Thursday until 4pm and Fridays until 7:30pm.

Any questions or concerns, please feel free to reach out to me at extension 4407 so I can help you navigate through our Leadership team. We are always here to help!

**Happy March!
Happy Easter!
Trisha Petryna
RFSC**



Chaplain News

OH, WHAT GREAT JOY!

Easter is a time of mixed emotions. Good Friday, I feel sad that Jesus suffered a horrifying death. I feel anger towards the many spectators who watched Him agonise in pain as slowly His breath and blood dwindled away. I'm furious at the Roman soldiers who mocked him and drew lots for His clothes. Even one of the thieves on a cross beside Jesus had the mocked Him. Human ignorance and hardness of heart were on display that day from everyone except those closest to Jesus; His disciples, Mary Magdalene, and Mary the mother of James and Joseph. I can only image their feelings; defeat, disbelief, excruciating sorrow, a great sense of loss.

But on Easter morning, I feel great joy and thankfulness to know that Jesus paid my debt, a debt which I would never be able to pay, and gave me eternal life with Him. To receive that wonderful gift, all I had to do was believe in Him and ask Him to forgive my sins.



Chaplain News

Oh what great joy con't

Can you image that wonderful morning when Mary Magdalene and the other Mary went to the tomb...

At dawn, the first day of the week, Mary Magdalene and I hurried to the tomb; a new tomb hewn out in the rock where we had seen on Friday evening, Joseph of Arimathea wrap Jesus in clean linen cloth and lay Him down. We had our prepared spices with us to anoint our Lord's body. On our way, we wondered "Who will roll away the stone for us from the entrance of the tomb?" But when we arrived at the tomb, the large stone had already been moved aside. We were perplexed and with some fear entered the tomb. Suddenly two men stood near us in dazzling clothing. They said to us; "Why do you seek the living One among the dead?"



Chaplain News

Oh what great joy con't

He is not here, but He has risen. Remember how He spoke to you while He was still in Galilee, saying that the Son of Man must be delivered into the hands of sinful men, and be crucified, and the third day rise again.”(Luke 24:5-7) We remembered and with great haste we went to the disciples to report this amazing news. The apostles did not believe us. They thought we were talking nonsense. But Peter quickly jumped up and ran to the tomb where he discovered the linen wrappings and no body. Shortly after that, our risen Lord appeared several times to the apostles. And in Bethany, Jesus blessed the disciples. He said to them; “Go and make disciples of all the nations, baptizing them in the name of Father and Son and Holy Spirit, teaching them to obey all that I have commanded, and lo, I am with you always, even to the end of the age.”



Chaplain News

Oh what great joy con't

Then Jesus was lifted up into the heavens. Oh, how we rejoiced and continually praised God in the temple!

Easter morning, I always feel that great joy; the joy that only Jesus can provide when we finally believe in Him. Oh, what great joy!

Shirley Tye, CCC
Chaplain



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Chaplain

Our In-House Chaplain - Shirley would like residents and families to know that she is able and available to provide communion to those who would like to receive it. If you would like more information about communion please reach out to Shirley at Elizabeth Centre or contact Amanda-Life Enrichment Coordinator @ 705-897-7695 ex 4415



Social News

Hymn Sings w/Shirley

Our residents look forward to their weekly Hymn Sings with our in house Chaplain Shirley. Shirley enjoys singing, chatting and reading the scripture with our residents. Below are a few pictures of our residents on Palladium Home Area enjoying themselves.



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Good News Story

“90 years!

Celebrating milestones,
9 decades of memories,
1080 months of adventures,
4696 weeks of laughter &
32,873 days of happiness”



Here at the Elizabeth Centre, we take pride in celebrating milestones, no matter the size. On this particular occasion, our resident, Cecile achieved greatness. On February 8th 2024, Cecile turned 90 years young and continues to be full of life. Cecile moved to the Elizabeth Centre in July 2004, with that being said, she has lived through many changes that have occurred throughout the home. On the day of her 90th year celebration, the home was experiencing an Influenza A outbreak, which created barriers to family members

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Good News Story

being able to come in and celebrate at a close distance. However, that did not stop her family's plans. In hopes to commemorate her special day, with the help from the PSWs, Nursing Students and Registered staff they were able to team up and create a beautiful surprise for Cecile. With the successful teamwork they were able to transform the TV lounge into an unforgettable birthday; with balloons, cake, decorations and laughter, this was truly a remarkable moment to acknowledge here at the Elizabeth Centre for our resident and staff! Happy 90th Birthday Cecile!



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Resident Council News

Resident Council would like to invite new members to attend our monthly meetings. Everyone is welcome to join and see/hear what we have to offer in our home. Our next meeting will be held in the Large Activity Room on February 28th @ 3:30pm, the meeting will be followed by our food committee meeting @ 4pm. Hope to see you there.

Family Council News



Greetings From Your Family Council

As chair of our Family Council, I would like to take this opportunity to welcome our new Administrator. His name is Jon Brunetti. We look forward to working with Jon to support the residents, to share our challenges and to offer recommendations. Family Council and management share the same mission-to make an outstanding difference. You may remember the day you sat with our Family and Resident Co-ordinator, Trisha Petryna. She handled the admission paperwork and helped your loved one get settled in.

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Family Council News

She probably told you that our home has a Family Council and possibly included a brochure to connect with myself, the chairperson. There is so much coming at you on this day of admission that you likely found it overwhelming. That's how I felt when I went through it with my mother. Who is Family Council? We are not employees of the home. We are volunteers. Our right to exist is established in the Fixing Long Term Care Act 2021, I'm taking this opportunity to review the benefits that you will reap when you join our council.

Benefits of Joining Family Council

- Got questions? We provide information and education
- Be involved in attempting to resolve disputes between residents and manag
- Be a voice for the residents to improve their care
- Meet and socialize with other families in the home
- Are you finding things stressful? We support family. Just talking to one another helps.
- Help us raise funds to buy items all residents can enjoy



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Family Council News

Those are just a few of the things we do but we can't do it without members like you who have family or a friend living in the home. You are the boots on the ground. We need you, if we are to make a difference. You are often in the home. You can share your perceptions and ideas with us. You don't need an invitation from me to attend one of our meetings. Walk in, meet us and join us.

Family Council meetings take place on the second Wednesday of the month from Sept. to June. One month we meet in the afternoon. The next month we meet in the evening. We made this schedule change to accommodate families who work during the day. The meetings are approximately two hours long. Next **Meetings March 13, 7:00 PM April 10, 1:30 PM**

This is a time for new beginnings. We have a new Administrator who is learning and adjusting to his new career. By working with administration and management we can make an outstanding difference. It takes commitment to make it happen. The time is now. OUR DANCE ON EARTH IS SHORT
Yours in Senior Care,

Roma Smith may be contacted at: idasfavourite@gmail.com

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Remembering and Recognizing Friends



Simone D.

September 25th 1930 - January 24th 2024

Raymond B.

August 18th 1930 - January 26th 2024

Berthe G.

May 13th 1933 - January 28th 2024

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Director's Message

Dear Residents, Families and Staff

Long-term care (LTC) homes have many obligations related to the continuous quality improvement initiatives and in particular, the resident and family/caregiver experience surveys in the Fixing Long-Term Care Act, 2021 and the Regulation.

The highlights include:

Resident and Family/Caregiver Experience Survey

- Survey executed at least annually to measure the resident and family/caregiver experience with the home and the care, services, programs and goods provided.
- Home must seek the advice of Residents' Council and Family Council (if any) in carrying out the survey and acting on its results.

The Continuous Quality Improvement (CQI) Program: Each LTC home must

- Establish an interdisciplinary quality improvement committee, which must include at least one member from the Residents' Council and Family Council (if any);
- Ensure the home's CQI initiative is coordinated by a designated lead (who is a member of the home's staff);
- Prepare a report on the CQI initiative for the home each fiscal year;
- Publish the CQI initiative report on the home's website and share a copy of the report with the Residents' Council and Family Council (if any);
- Maintain a record of the names of the people who participated in the evaluations of improvements in the CQI report.

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Director's Message

The Resident/Family/Caregiver Essential Caregiver survey results for our family of Jarlette Health Services LTC homes are published and ready to be shared with stakeholders in the homes.

This year we experienced one of our highest return rates with 768 people taking the time to complete a survey. Of note, is of the 768 respondents, 418 were residents themselves. The valuable information that the survey results provide is essential to the CQI initiatives in each of our homes and ensures the active engagement of many in improvements in *your* home.

My sincerest thanks to everyone who took the time to complete a survey and I look forward to the great planning work being undertaken to address areas of concern and interest in each home.

Kind regards,

Jill Knowlton
Director, LTC Operations
Jarlette Health Services

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Jarlette Health Services News

Welcome to March! We will see how it arrives and how it departs; like a lion, or a lamb? In either case, hopefully there will be more sunshine to look forward in the month ahead.

There is plenty to celebrate during March. As part of our Employee Recognition and Engagement Program, **March is Maintenance Month and we celebrate the essential role of our maintenance team members!** These dedicated people work often behind the scenes to ensure our family of long-term care and retirement homes are kept in good condition and remain clean and safe to live and work in! If you see them in your home, please reach out to them to thank them for all they do!

We also want to wish all the women in our homes a **Happy International Women's Day (IWD) on March 8th!** We thank them for their unique contributions, many of them ones we couldn't do without, and we look forward to considering some of their remarkable achievements and what more we can do – at any age – to become a more inclusive society. The theme for IWD 2024 is *Inspire Inclusion!*

We also remind you that team members, residents and family members are invited to step forward as diversity representatives! Your home has **Diversity Cafes**, managed by a Diversity Lead, and at the meetings everyone may come together to explore diversity, and share our own experiences, while considering actions that may be taken to break down social and cultural barriers and build stronger relationships. For more information, reach out to your community's Diversity Lead or your community's administrator today!



Let's stay connected!

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